NANDHA ENGINEERING COLLEGE, AUTONOMOUS- ERODE-52

CENTRE FOR LEARNING AND DEVELOPMENT

PROGRAMME: LEADERSHIP ENRICHMENT – OUTBOUND LEARING

DATE: 17.07.2024- WEDNESDAY

EVENT REPORT

SESSION DETAILS:

SESSION	TIME	TOPIC	RESOURCE PERSON
7.30 am – 6.00 pm		LEADERSHIP ENRICHMENT OUTBOUND LEARING	Mr. Premnath Leap Learning Academy

PARTICIPANT DETAILS:

TOTAL NUMBER OF FACULTY PARTICIPANTS (Heads & Administrative Team)	32

Session Outcome:

At the end of the interaction with the expert, participants will be able to

1. Develop or refine leadership qualities such as decision-making, problem-solving, communication, and teamwork under challenging and unfamiliar conditions.
2. Adapt to unpredictable situations, manage stress, and bounce back from setbacks, which are crucial traits for effective leadership in dynamic environments
3. Handle conflicts and challenges during outdoor activities provides opportunities to practice conflict resolution skills and improve interpersonal relationships within the team.

About the session:

The outbound learning session started at Leap Learning Academy, Mathamaplayam- Coimbatore. Mr. Premnath, the trainer instructed the list of activities to all the participants. The Outbound Learning Program (OBL) is designed in such a way that the participants would be put on tasks on self-exploring to unleash one's potential to bring the " I CAN ATTITUDE ". Slowly the program moved on to activities to make the participants understand his/her role within the team focusing on their objective success, complementing each other, being a good listener and using the positive aspects for the team's benefits.

The activities and its outcomes are as follows:

Dynamic obstacle course, Hiropes and Numbers are the three activities carried by the trainers and followed by extensive discussion had been done.

Activity 1- Dynamic Obstacle Course

Activity Overview: Participants are encouraged to put through an obstacle course of 80 feet long with different challenging structures. The activity involved a lot of restrictions overcoming which the teams have to crossover with limited available resources.

Activity Purpose – Merely it was a team building activity where the importance of the individual team members is highly emphasised. It is also tested teamwork, listening & executing ability.

Discussion points: The reason for failure were discussed elaborately. The Participants reflected on their performance and addressed the areas of improvement.

Outcome

1. Benefits of listening and not only talking.

2. Benefits of investing time in planning.

3. What basic behaviours like taking notes would impact big on the performance.

Activity - 2 -Hiropes

Activity Overview: Participants are allowed to put across a high ropes course involving 3 activities – 1. Zig Zag Walk, 2. Sloth Walk, 3. Horizontal Walk and a Zip line of distance 200 feet.

Activity Purpose – To check the individual confidence levels to overcome a fear factor.

Discussion points: In the reflective session, few were discussed on how to overcome a fearful situation in real life working environment.

Outcome

1. Fighting fear

2. Confidence Building

3. Being Brave

Activity- 3- Numbers

Activity Overview: Team leaders were picked voluntarily and asked to set a target and strive to achieve it. The activity is all about numbers and how to achieve the set numbers

Activity Purpose- This activity emphasised how small things in a project could be brainstormed and solved before the actual task, more emphasis would be given on prototyping

Discussion points: In the reflective session points would be discussed on how to overcome a fearful situation in real life working environment.

Outcome

1. How micro level planning could result in great performance.

2. Prototyping before the actual process? To increase productivity &reduce mistakes.
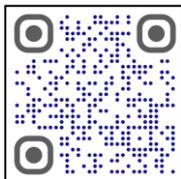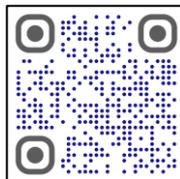
Group Photo:

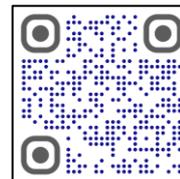**Certification:**

Participants & Trainer Feedback:

Feedback video in Instagram	**Feedback video in Instagram**	**Feedback video in Instagram**

CLD Coordinator   **Principal**